Emergence of drug resistance in bacteria: An insight into molecular mechanism

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Abstract - In spite of an enormous success of antibiotics as chemotherapeutic agents, infectious diseases continue to be a leading cause of mortality worldwide. The bacteria have the capability to regenerate in approximately every 30 minutes with a fresh possibility to mutate and adapt to a brand new environment. The widespread use of prescription antibiotics places a selective pressure on bacteria that favours the survival of the fittest and more adapted strain on less susceptible strains. The adapted strains of bacteria are competent in such a way that antibiotics can no longer bind to the bacterial receptor or enter the bacterial cell to harm bacterial propagation and reproduction. Destroying or inactivating the antibiotic, pumping out the antibiotic and modifying the antibiotic target are some of the important mechanisms which confer bacterial resistance. This review article discusses few of the molecular modes of antibiotic action and bacterial resistance mechanisms.

Key words - antibiotics, chemotherapeutic agents, bacterial resistance.

Introduction:

Bacteria can be distinguished from other eukaryotic organisms due to their small size $(0.2 - 10\mu m)$, they lack internal organelles, they have cell wall and they divide through binary fission. Also they lack introns, are not capable of endo/exocytosis and have single stranded circular DNA [1]. All bacteria share a common structure i.e. they possess

- Slime: This is the extracellular material made up of polysaccharides loosely associated with the bacteria that helps them in colonisation on smooth surfaces.
- Capsule: This polysaccharide outer coating of the bacterial surface often plays a role in preventing phagocytosis of the bacteria.
- Cell wall: Provides bacteria its shape, form and rigidity. The cell wall is made up of the peptidoglycan that consists of alternating units of N-acetyl glucosamine (NAG) and Nacetyl muramic acid (NAM) that are cross-linked by a peptide bridge.
- 4. Cytoplasmic membrane: The phospholipid bilayer
- 5. Flagella: These offer the capacity for locomotion to the bacteria.
- Pili: These structures project from the cell surface enabling bacteria to adhere to host tissue surfaces.

Phenotypic bacterial classification system:

Gram (1884) discovered a very beneficial strategy that allows a huge proportion of bacteria to be classified as either Gram positive or negative based on their morphology and differential staining properties. Gram positive bacteria stain blue-purple and Gram negative bacteria stain red [2]. The kingdom **Monera** was divided into four divisions based primarily on Gram staining: **Firmicutes** (positively stained), **Gracillicutes** (negatively stained), **Mollicutes** (neutral stained) and **Mendocutes** (variable stained). The difference between Gram positive and negative is due to a much larger peptidoglycan in Gram positives. As a result, the iodine and crystal violet precipitate in the thickened cell wall and are not eluted by alcohol in contrast to the Gram negatives where the crystal violet is readily eluted from the bacteria. As a result, bacteria can be distinguished based on their morphology and staining properties. Some bacteria such as mycobacteria (the causative agent of tuberculosis) are not reliably stained due to the large lipid content of the peptidoglycan. Alternative staining techniques (Kinyoun or Acid fast stain) are therefore used to detect these bacterial species [3].

The characteristic difference between Gram positive and negative bacteria is the presence of the amount of peptidoglycan. The bacterial peptidoglycan is rigid but flexible macromolecule that surrounds and protects the bacterial cell. Peptidoglycan serves a structural role in the bacterial cell wall, giving structural strength, as well as counteracting the osmotic pressure of the cytoplasm. Peptidoglycan is also involved in binary fission during bacterial cell reproduction. It is made up of carbohydrate backbone of altering units of N-acetyl muramic acid and N-acetyl glucosamine; these are cross linked with short peptides [4]. The peptidoglycan biosynthesis takes place in cytoplasm with the synthesis of muramyl pentapeptide precursor containing terminal D-ala D-ala. L-Alanine is converted to D-alanine by racemase, with subsequent assembly of Dalanyl-D-alanine by D-Ala-D-Ala ligase. In the cytoplasm, the muramyl pentapeptide precursor is anchored via a water-soluble UDPglucosamine moiety. In the second phase of peptidoglycan construction, the muramyl pentapeptide N-acetylglucosamine is transferred to undecaprenyl phosphate with the release of UMP to form a Lipid I intermediate. An additional glycosylation step completes the peptidoglycan unit, which is then transported via its C55 lipid tail to the external periplasmic surface of the membrane, where the peptidyglycan unit becomes integrated into the cell wall matrix. Several transpeptidases and transglycosylases connect the newly formed peptidoglycan structures to the cell wall peptidoglycan matrix.

To treat various infections arising due to Gram positive, Gram negative and miscellaneous bacteria many antibiotics are used currently. The antibiotics (Greek word, anti=against and bios=life) also called as antibacterials are the types of medications that destroy/slow down the bacterial growth. The antibiotics are classified into different categories based on bacterial spectrum, site of action, chemical structure and type of activity.

Classification of antibiotics:

The current antibacterial therapies cover a wide array of targets and can be categorized as follows:

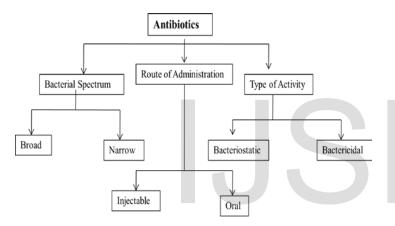


Fig 1: Classification of antibiotics

The broad spectrum antibiotics [Carbapenems, cephalosporins, β-lactams, etc] affect a wide range of bacteria while the narrow spectrum antibiotics [Penicillin G, macrolidesphosphomycin, etc] target specific types of bacteria such as Gram positive or negative. The bacteriostatic antibiotics [examples: tetracycline, sulphonamides, spectinomycin, trimethoprim, chloramphenicol, macrolides, lincosamides] inhibit the growth of bacteria by interfering with the proteins, DNA or other cellular metabolism while the bactericidal antibiotics [examples: β-lactam antibiotics, vancomycin, aminoglycosidic antiotics like Amikacin, Arbekacin, Gentamycin, Kanamycin, Neomycin, Streptomycin] kill bacteria

Mechanism of bacteriostatic antibiotics:

'Bacteriostatic' means an agent that prevents bacterial growth or keeps them in stationary phase of growth. The bacteriostatic activity can be defined as the ratio of MBC (Minimum Bactericidal Concentration) to MIC (Minimum Inhibitory Concentration).Bacteriostatic drugs predominantly inhibit ribosome function, targeting both the 30S (tetracycline family and aminocyclitol family) and 50S (macrolide family and chloramphenicol) ribosomal subunits [5, 6, 7, 8, 9].

Tetracycline enters the cell by either passive diffusion or by energy dependent transport system. Once inside the cell, tetracycline inhibits protein synthesis by reversibly binding 30S ribosome and inhibits binding of aminoacyl-t-RNA to the acceptor site on the 70S ribosome. The protein synthesis is ultimately terminated leading to a bacteriostatic effect [10].

Spectinomycin reversibly interferes with mRNA interaction with the 30S ribosome. It inhibits translocation of the peptidyl tRNA from the A site to P site. It is structurally similar to aminoglycosides but does not cause misreading of mRNA. Aminoglycosides have many mechanisms viz; it interferes with the proofreading process which leads to increased rates of errors in protein synthesis which can give premature termination, it inhibits ribosomal translocation or it may disrupt bacterial cell membrane integrity [11].

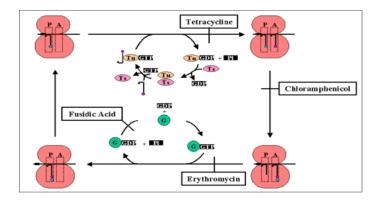


Fig 2: Mechanism of bacteriostatic antibiotic

Chloramphenicol, lincomycin and clindamycin bind to the 50S ribosome and inhibit peptidyl transferase activity. Chloramphenicol inhibits the peptidyl transferase thereby preventing protein chain elongation [12]. Lincomycin acts by binding with the 50S subunit of the bacterial ribosome where it prevents the binding of aminoacyl RNA to the messenger ribosome complex by inhibition of peptidyl transferase. Ultimately, bacterial protein synthesis is inhibited [13].

The macrolides inhibit translocation of the peptidyl tRNA from the A to the P site on the ribosome by binding to the 50S ribosomal 23S RNA [14]. These are generally considered to be bacteriostatic, they may be bactericidal at higher doses. Fusidic acid inhibits bacterial replication and does not kill the bacteria. It binds to elongation factor G (EF-G) and inhibits release of EF-G from the EF-G/GDP complex [15].

Mechanism of bactericidal antibiotics:

The bactericidals have different cellular targets. The βlactam antibiotics target peptidoglycan biosynthesis, aminoglycosides target ribosomes, fluoroquinolones target topoisomerase. In addition to this, the bactericidals induce the formation of reactive oxygen species.

The beta lactam antibiotics inhibit the synthesis of peptidoglycan layer of the bacterial cell wall. The final step in the synthesis of peptidoglycan i.e. transpeptidation is catalyzed by DD-transpeptidase (these are Penicillin Binding proteins, PBP). These are analogous to D-Ala D-ala of the terminal peptidoglycan. The structural similarity between the beta lactam and D-ala D-ala facilitates their binding to the active site of PBP that leads to the cross-linking of nascent peptidoglycan and hence disrupting the bacterial cell wall [16].

Aminoglycosides follow another mode of action; it irreversibly binds to the 30S ribosome and freezes the 30S initiation complex (30S-mRNA-tRNA), so that no further initiation can occur. The aminoglycosides also slow down protein synthesis that has already been initiated and induce misreading of the mRNA. These antimicrobials bind to DNA-dependent RNA polymerase and inhibit initiation of RNA synthesis. Quinolones like nalidixic acid, ciprofloxacin, oxolinic acid bind to the subunit A of DNA gyrase (topoisomerase) and prevent supercoiling of DNA, thereby inhibiting DNA synthesis [15].

The Fluroquinolones block the DNA replication pathway by binding to the A-subunit of the DNA gyrase enzyme. The DNA gyrase is a topoisomerase II enzyme that unwinds the DNA during replication. This would unable the bacteria not only from replicating the DNA, but also from protein synthesis [17].

The bactericidal antibiotics initiate Reactive Oxygen Species (ROS) formation. The molecular mechanisms include its binding to their target, disrupting the normal cellular metabolism including tricarboxylic acid (TCA) cycle. This depletes intracellular NADH pairs with the increased production of reactive oxygen species ROS (peroxide and superoxide). These ROS interact with Fe²⁺ to generate highly toxic oxygen radicals which react with DNA and proteins, thereby, resulting in the death of bacteria [18].

Antibiotics can be classified on the basis of:

Functions:

<u>Inhibitors of cell wall synthesis</u> [β-lactam antibiotics, Glycopeptides (vancomycin, teicoplanin), Fosfomycins]

Inhibitors of protein synthesis [Aminoglycosides(Gentamycin, Tobramycin, Amikacin, Streptomycin, Kanamycin, Netilmicin), MLSK (Macrolides, Lincosamides, Streptogramins, Ketolides), Tetracyclines (Tetracyclin, Doxycycline, Minocycline), Glycylcyclines (Tigecycline), Phenicols (Chloramphenicol), Oxazolidinnes (Linezolid), Ansamycins(Rifampin)]

Inhibitors of membrane function [Polymyxins]

<u>Folate pathway inhibitors</u> [Sulfonamides, Trimethoprim] <u>Inhibitors of nucleic acid synthesis</u> [Quinolones, Furanes]

Structure:

IJSER © 2013 http://www.ijser.org <u>**Penicillins**</u>: They possess the β -lactam ring, example Ampicillin, methicillin, oxacillin etc.

<u>Cephalosporins</u>: These contain β -lactam ring structure. (They differ from penicillins due to the presence of a 6 – member β -lactam ring. The other difference is the existence of a functional group (R) at position 3 of the fused ring system). Examples are cefoxitin, cephamyxin, cefotaxime

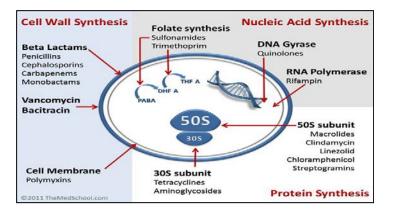


Fig 3: Classification of antibiotics based on their mechanism [19]

Fluroquinolones: These are synthetic antibacterial agents. *Tetracyclins*: They are derived from *Streptomyces* and have a four ringed structure

<u>Macrolides</u>: These antibiotics are derived from *Streptomyces* and thus named since they possess macrocyclic lactone in its structure. Examples are Erythromycin, Azithromycin and Clarithyromycin.

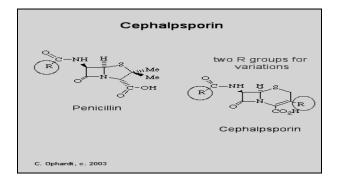


Fig 4: Structural difference between penicillin and cephalosporin

The state when bacteria show resistance to more than one antibiotic is called as Multidrug Resistance (MDR). Indiscriminate and

inappropriate use of antibiotics leads to mechanisms to evolve into a MDR strain: enzymatic deactivation of antibiotics (β-lactamase emergence of MDR strains which get modified with mutations to prevent antibiotic access or its action on the target bacteria. The bacteria utilize either of the following mentioned production), decreased cell wall permeability for antibiotics, efflux mechanism to remove antibiotic, altered target sites for antibiotic action (by mutation).

Common microorganisms emerged as multidrug resistant species:

An ability of bacteria to resist the effects of multiple antibiotics to which they were previously sensitive convert them to MDR strain. Bacteria get mutated/adapted that reduces or eliminates the effectiveness of antibiotic and continue to survive without harm. There are many research papers that have identified different bacterial species which have shown resistance to multiple drugs. The them are: Acinetobacter baumannii [21,22,23]; commonest of Staphylococcus aureus [24,25,26]; Enterococcus species [27,28, 29]; Clostridium difficile [30]; Haemophilus influenzae [31]; Klebsiella [32,33,34]; Streptococcus pneumoniae pneumoniae [35,36]; Mycobacterium tuberculosis[37,38, 39]; Salmonella enterica [40, 41];Salmonella typhimurium [42, 43] and Streptococcus species [44].

Mechanism of action of various antibiotics:

The diagram (Fig 7) describes the various sites of action for different antibiotics [45].

Altered target

This type of resistance mechanism is shown by both Gram negative as well as positive bacteria. The mechanism of action for most of the antibacterial antibiotics involves interaction between the drug and intracellular enzyme/protein. These interactions either alter or inhibit the normal functions of the enzyme [46]. The development of drug resistance for these antibiotics requires the reduction in affinities to their enzymatic targets [47]. Altering an antibiotic's target protein directly at the DNA level is a common mechanism of target modification.

\circ Resistance to β -lactams via altered penicillin-binding proteins (PBPs)

The beta lactam resistance is mediated by altered PBPs. The target for this antibiotic is the cell wall synthesizing enzymes called as penicillin binding proteins (penicillin sensitive enzyme). PBPs are present in almost all the bacteria but their number, size and affinity to beta lactam varies from species to species. The important PBP enzymes are peptidoglycan transpeptidase and carboxypeptidase [48]. PBPs are the membrane proteins with molecular weight ranging from 40,000 to 120,000 [49]. PBPs are the components of bacterial cell wall that play an important role in synthesis of peptidoglycan. PBP catalyses the final step of polymerisation (transglycosylation) and cross linking by transpeptidation of peptidoglycan [49].

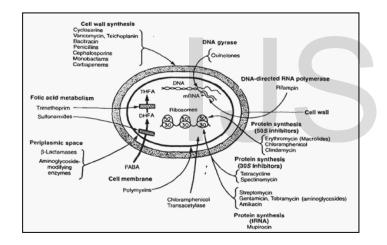


Fig 5: Sites of action for different antibiotics

PBPs are the proteins that show an affinity towards penicillin. All β -lactam antibiotics (except tabtoxinine β -lactam) bind to PBPs. β -lactam antibiotics bind to PBP because they are structurally similar [50].

PBPs play an important role in Polymerisation of glycan strand (transglycosylation); Cross lining of glycan chains (transpeptidation); Hydrolyzation of terminal D-alanine

(carboxypeptidation) and Hydrolyzation of the peptide bond connecting the glycan strand (endopeptidation) The terminal D-Ala-D-Ala end of peptidoglycan has structural resemblance with penicillin and hence the last stage peptidoglycan synthesizing enzymes (transpeptidases and transglycosylases) are sensitive towards penicillin that impairs their ability for peptidoglycan cross-linking [52].

o MRSA (Methicillin – Resistant Staphylococcus aureus)

Methicillin resistance in *S. aureus* has been associated with alterations in PBPs and found to be pH dependent. For example, the bacterial culture grown at pH 5.2 has no detectable PBP2a. Also the altered PBPs relate with the decreased susceptibility of bacteria for the antibiotic [53].

Methicillin-resistant *Staphylococcus aureus* is a bacterium responsible for several difficult-to-treat infections in humans. It is also known as MRSA/ORSA and it shows resistant to antibiotics called beta-lactams. These antibiotics include methicillin and other more common antibiotics such as oxacillin, penicillin, and amoxicillin. In the community, most MRSA infections are skin infections.

The United Kingdom has one of the highest levels of incidence of MRSA in Europe [54]. In 1993 there were 216 deaths where Staphylococcus infection was the final underlying cause of death. This figure rose to 546 deaths in 1998 [59]. The growing problem in the Indian scenario is that MRSA prevalence has increased from 12% in 1992 to 80.83% in 1999 [55].

S. aureus antibiotics resistant strain can cause serious health hazards via infections in community. In the 1960s, 10% of S. aureus strains produced penicillin-destroying enzymes (penicillinases); today the figure approaches 100%. Despite the introduction of methicillin in 1959 to tackle the increasing problem of penicillin resistance, it took only 3 years for MRSA to appear in 1961. Once resistance is genetically encoded it can spread rapidly within a population of bacterial species, or even to another bacterial species through transduction (the process whereby foreign DNA is introduced into another cell via a viral vector, it does not require physical contact between the cell donating the DNA and the cell receiving the DNA), transformation (incorporation and expression of exogenous DNA from its surroundings and taken up through the cell membrane), conjugation (the transfer of genetic material between bacterial cells by direct cellto-cell contact or by a bridge-like connection between two cells) or transposition (DNA sequence or transposable elements can change its position within the genome, sometimes creating mutations and altering the cell's genome size) [56].

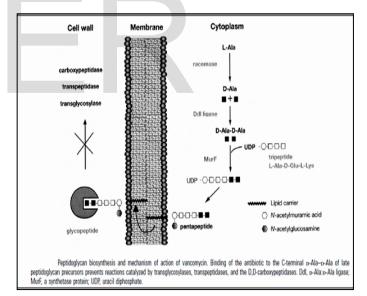
MRSA is resistant to all β -lactams, penicillins, cephalosporins etc. This resistance is due to production of penicillin binding protein 2a encoded by mecA gene that has low affinity for β -lactams [57, 58]. This mecA gene can rapidly be identified with PCR that can be ultimately used for genotypic identification of methicillin resistance [59, 60].The primers that corresponded to nucleotides 181 to 200 as the sense strand and 311 to 330 as the antisense strand within mecA gene were selected for their specificities and efficiencies. The primers were named MRS1 (5'-GAAATGACTGAACGTCCGAT) and MRS2 (5'-GCGATCAATGTTACCGTAGT), respectively. This set of primers amplifies a 150-bp-long segment of the mecA gene. The ED-PCR (Enzymatic Detection of PCR) product has been explained by Ubukata *et.al* [61].

transformation of methicillin susceptible *S.aureus* with mecA gene (chromosomally encoded PBP 2a) converts it into MRSA [62]. But the cellular level of PBP 2a does not correlate with levels of methicillin resistance. In addition to mecA, femA also functions for the methicillin resistance. femA is a chromosomally encoded 48kDa protein which affects the glycine content of peptidoglycan [63]. Also it has been shown that the presence of NaCI in the growth medium affects the phenotypic expression of methicillin resistance by affecting PBP [64, 65].

o Vancomycin resistance in enterococci

Earlier, it was believed that the mechanism behind the development of vancomycin resistance involves the thickening of the bacterial cell wall. But now it is clear that the vancomycin resistance in bacteria is due to the presence of vancomycin resistance gene-vanA. The expression of vanA is associated with alteration of vancomycin binding site in the cell wall. Vancomycin interferes with the terminal D-Ala D-Ala of the peptidoglycans and hence disrupts the bacterial cell wall synthesis [66, 67]

The mode of action of vancomycin in relation to peptidoglycan synthesis has been described earlier [68,69]. Vancomycin binds with high specificity to the C-terminus region of uracil diphosphate–N-acetylmuramyl-pentapeptide containing D-Ala-D-Ala of the peptidoglycan. This prevents the addition of late precursors by transglycosylation and also prevents cross-linking by transpeptidation [69]. Vancomycin does not penetrate into the cytoplasm; therefore, interaction with its target can take place only after translocation of the precursors to the outer surface of the membrane [68]. Mechanism of Vancomycin resistance is due to the expression of Vancomycin operon. The vanA and vanB operons are located on plasmids or in the chromosome [70], whereas the vanD [71], vanC [72], vanE [73] and vanG [74] operons have, thus far, been found only in the chromosome.



Dia 6: Mode of action of Vancomycin

The examples of vancomycin resistance are:

 Changes in peptidoglycan layer and cell wall thickness resulting into reduced activity of vancomycin. In S. aureus, the resistance is mediated by cell wall thickening with reduced cross linking. This traps the antibiotic before it

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reaches its major target, the murein monomers in the cell membrane [75].

- Changes in vancomycin precursors reduces activity of vancomycin: Enterococcus faecium and E. Faecalis
- The enzyme ((VanC, VanE, and VanG gene product) for synthesis of low-affinity precursors [C-terminal d-Ala residue of the peptidoglycan is replaced by d-lactate (d-Lac) or dserine (d-Ser)]

Fluoroquinolone resistance

The important mechanism behind resistance to fluroquinolones resistance involves the alterations in drug target enzymes (DNA gyrase in Gram negative and Topoisomerase IV in Gram positive bacteria) that decrease the binding affinity of the drug and alterations in the efflux pumps. Both types of alterations involve chromosomal mutations [76, 77].

Altered permeability:

This type of resistance mechanism is shown by Gram negative bacteria. This is another type of mechanism adapted by bacteria to emerge as a drug resistance strain which involves either the lack of entry of the drug inside the cell by decreased membrane permeability or greater exit via active efflux. The bacterial cell membrane is the major permeable barrier separating the extracellular environment from the intracellular environment. The fluidity of the membrane is generally balanced to include most nutrients, while excluding many toxins. Adjusting this fluidity impedes the function of the membrane. Therefore, bacteria fail to protect themselves due to change in the fluidity of its membrane, thereby leaving them unprotected. Bacteria have additional structures (Lipopolysaccharides, non specific porin channels, specific diffusion channels) [78] that surround the cytoplasmic membrane and form pores through it. The alteration of these structures to exclude antibiotics is another mechanism of antibiotic resistance.

Outer membrane permeability

The outer membrane of bacteria acts as a selective barrier by combining the characteristics of highly hydrophobic outer membrane with porin channels for selective transports [79]. Most of the antibiotics are able to penetrate the bacterial cell envelope essentially by 2 pathways i.e. Lipid mediated diffusion pathway for hydrophobic antibiotics and Porin mediated transport for hydrophilic antibiotics. The bacteria develop antibiotic resistance by modifying any of the following 3 components viz., Permeability barrier (outer membrane), Porin channels and Altered proton motive force

The outer membrane is a bilayer of phospholipids and lipopolysaccharides (LPS) [79]. LPS is present in the outer envelope and carries net negative charge and is present mainly in Gram negative bacteria. These are responsible for impermeability of bacteria to antibiotics.

Lipid mediated diffusion pathway for hydrophobic antibiotics:

The hydrophobic antibiotics that gain entry through outer membrane bilayer include aminoglycosides (gentamycin, kanamycin), macrolides (erythromycin), rifamycin, novobiocin, fusidic acid and cationic peptides [80, 81]. Tetracylcine and quinolones use both a lipidmediated and a porin-mediated pathway. The core-region of LPS plays a major role in providing a barrier to hydrophobic antibiotics [79].

Porin mediated transport for hydrophilic antibiotics:

Porin are hydrophilic transport channels which regulate the outer membrane permeability. There are 2 types of porins depending on their function:

- a) Nonspecific diffusion porins
- b) Specific porins
 - Efflux pumps:

The efflux pumps are present in almost all living cells and they play an important role in detoxification of antibiotics. These pumps are present on the membrane and recognize small amphiphilic antibiotic molecules and pump them outside the cell. Bacteria use these to rid themselves of antibiotics and thus become drug resistant

[82].

Dia 7: mode of action of efflux pump

They are predominant in eukaryotes and require energy. They have been classified on the basis of their import and export activity . The import pumps are present only in prokaryotes whereas the efflux pumps are found both in prokaryotes and euaryotes 83,84[].

Production of inactivating (Gram enzymes negative/positive):

This is one of the common mechanism of developing resistance to antibiotics and shown by numerous Gram positive and Gram negative bacteria. Expression of degradative enzymes is a common mechanism by which bacteria develop resistant to antibiotics. Such enzymes chemically modify antibiotics so that they no longer function. The genes for these degradative enzymes are obtained by acquisition of exogenous genes or mutation of endogenous genes. The expression of these genes also governs the level of antibiotic resistance in bacteria.

Chloramphenicol acetyltransferase (EC 2.3.1.28) 0

This bacterial enzyme plays a crucial role in detoxification of the antibiotic chloramphenicol, and hence plays a major role in chloramphenicol resistance.

Aminoglycoside-modifying enzymes 0

Aminoglycoside are a complex family of compounds characterized by the presence of an aminocyclitol nucleus (streptamine, 2-deoxystreptamine, or streptidine) linked to amino sugars through glycosidic bonds. The aminoglyoside modifying enzymes including nucleotidyl transferase, phosphotransferase and acetyltransferase that catalyses the modification at different -OH and -NH2 groups of 2-deoxystreptamine nucleus or the sugar moieties [85].

0 β-Lactamases (EC 3.5.2.6)

The main function of the enzyme β -Lactamases is to provide beta lactam antibiotic resistance to bacteria by breaking the beta lactam ring in β-lactam antibiotics (penicillin , cephamycin, carbapenems etc).

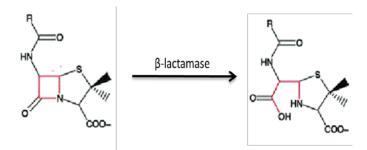
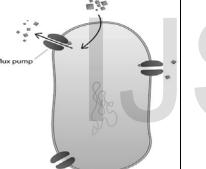


Fig 8: Mode of action of β-lactamase

Summary:

The bacteria on exposure to an antibiotic, the susceptible strains get destroyed but the fittest strain start adaptation by means of mutation and evolution. In a repetitive process and exposure to every new drug, in due course of time, it shows resistance towards multiple antibiotics

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and emerges more evolved, adapted, mutated, fittest multidrug resistant bacterial strain.

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